

Whole Woman's Health of Austin
Transforming Healthcare One Woman at a Time
8401 North IH 35 * Austin, TX 78753
(512) 250 – 1005 * (800) 282 -1005

Fibroids

Fibroids are an enlargement of the normal muscle cells that surround the blood vessels in the uterus. These muscle cells grow until they form a solid, irregular mass. These fibroids may grow on the inside of your uterus, within the wall of your uterus, or outside the uterus.

Fibroids are most often benign, meaning that they are not cancerous, and no treatment except surgery is available for them at the present time. Surgery is not necessary for fibroids until they cause great amounts of discomfort or bleeding.

It is not known what causes fibroids. They are not related to infection, pregnancy, or any particular lifestyle.

Fibroids usually grow larger during pregnancy. This is why they are often discovered on a sonogram. Often times, the doctor will not be able to feel fibroids when the uterus is in a non-pregnant state. After the pregnancy is over, the fibroids usually decrease in size. Therefore, it is important that about 4-6 weeks following today's appointment that a repeated sonogram is done to show the size of the non-pregnant fibroids.

Fibroids that grow within the wall of the uterus can change the shape of the inside of the uterus, occasionally making it difficult to remove the pregnancy.

All types of fibroids can make it more difficult for the uterus to contract after the procedure, leading to increased cramps and bleeding.

If you have any questions, please do not hesitate to call us.